## Principles of **ORTHOMOLECULARISM**



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## PRINCIPLES OF ORTHOMOLECULARISM by R.A.S. HEMAT

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ORTHOMOLECULARISM FUNCTIONAL MEDICINE PHARMACOTHERAPEUTICS AND PHARMACOKINETICS **BIOCHEMICAL INTERVENTION** FUNCTIONAL FOOD PROTEINS POTASSIUM **FLAVNOIDS** ANTIOXIDANTS COENZYME Q<sub>10</sub> (CoQ<sub>10</sub>) UBIQUINONE VITAMINE ( -TOCOPHEROL) **SELENIUM** GLUTAMINE GLUTATHIONE NADH VITAMIN C (ASCORBIC ACID) -LIPOIC ACID MAGNESIUM WATER LIPIDS LIPID DISORDERS THE BRAIN CHEMICAL-MOOD AND MENTAL FUNCTIONING NEUROTOXINS ENVIORNMENTAL DISORDERS AUTISM PSYCHIATRY CONDITIONS DIABETES AND PSYCHIATRIC ILLNESS **EXCITOTOXINS** DEMENTIA SLEEP DISORDERS ALCOHOL TOXIC LIVER INJURY NUTRITIONAL AND METABOLIC EFFECTS OF ALCOHOLISM THE ELEMENTS AND INFLAMMATORY RESPONSE SEPSIS AND ALI-ARDS ADRENAL INSUFFICIENCY BONE HEALTH SMOKING MICROWAVE ELECTROMAGNETIC FIELDS AND HUMAN HEALTH **SULPHITES** FLUORIDATION AIR CHRONIC FATIGUE SYNDROME DIETARY INTERVENTION INTERVENTION FOR CANCER ANTIOXIDANTS FOR CANCER CHEMOTHERAPY, AND CANCER CHEMOPREVENTION NUTRITION, WASTING, INVOLUNTARY WEIGHT LOSS (IWL) AND PROTEIN-ENERGY MALNUTRITION (PEM) 317 DIETARY INTERVENTION FOR CHRONIC DISEASE PREVENTION CACHEXIA IN IMMUNOCOMPROMISED PATIENTS NUTRITIONAL SUPPORT IN CRITICALLY ILL PATIENTS SURGICAL METABOLISM AND NUTRITION

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